



# Caledonia Gladiators

**Job Title:** Physiotherapist

**Location:** Caledonia Gladiators Playsport Arena, East Kilbride

**Contract Type:** Full-Time

**Salary:** Dependent on Experience (DOE)

**Start Date:** ASAP

---

## Overview

Caledonia Gladiators, a professional basketball team competing in the **Super League Basketball** (the top level of UK basketball) and in European competitions, is seeking a qualified and motivated **Physiotherapist** to support the health and performance of both our men's and women's teams. The successful candidate will play a crucial role in the injury prevention, treatment, and rehabilitation of our athletes, ensuring they are fit and ready for the demands of elite competition.

---

## Key Responsibilities

### Injury Management and Rehabilitation

- Serve as the main point of contact for all player injury concerns.
- Conduct thorough assessments of players' injuries and devise appropriate treatment plans.
- Develop and implement individualised rehabilitation programmes tailored to the needs of each player.
- Provide court-side medical support, including first aid and injury management during training sessions and matches.
- Utilise a variety of therapeutic techniques such as manual therapy, taping, and massage to assist in recovery.

### Prevention and Fitness

- Work closely with coaching and strength & conditioning staff to design injury prevention strategies.
- Conduct regular injury screening and monitor players' physical condition, identifying potential injury risks.
- Advise players on injury prevention techniques, recovery strategies, and overall fitness maintenance, including the use of taping techniques to support injury management and prevention.

## Collaboration and Reporting

- Maintain detailed records of all player injuries, treatments, and rehabilitation progress.
- Liaise with external medical professionals (e.g., doctors and specialists) when necessary to ensure comprehensive care for athletes.
- Collaborate with coaching staff to ensure the integration of physiotherapy into the overall training schedule.

## Travel and Match Day Responsibilities

- Travel with the team to away matches, providing medical support throughout the season.
- Be present during all home and away fixtures to manage any injury-related incidents.

---

## Qualifications and Experience

- Bachelor's degree in **Physiotherapy** or a related field.
- **HCPC** registration and relevant professional qualifications.
- Previous experience working with elite athletes, preferably within basketball or a similar high-performance environment.
- Strong understanding of sports injuries, rehabilitation, and recovery techniques, including taping.
- First Aid and CPR certification.

---

## Skills and Personal Attributes

- Excellent communication and interpersonal skills, with the ability to build relationships with athletes and staff.
- Strong organisational and time management skills, with a keen attention to detail.
- Ability to work under pressure, particularly in high-stakes environments like match days.
- A proactive, problem-solving mindset with a passion for athlete well-being and performance enhancement.

---

## How to Apply

Interested candidates should submit their CV, along with a cover letter detailing their relevant experience, to [enquiries@caledoniagladiators.com](mailto:enquiries@caledoniagladiators.com) Applications should be submitted by 28/10/24